

From: MapQuest no-reply@mapquest.com
Subject: MapQuest Directions to destination
Date: June 9, 2016 at 4:27 PM
To: knmyles@icloud.com



MapQuest directions have been sent to you by kendra.









Message: **from turf to the mindfulness center**

To view your map, click on the link below or copy and paste it into your browser: <http://mapq.st/1UpV4h2>

From: 2700 Turf Valley Rd Ellicott City, MD 21042-2034
To: 4963 Elm St, SUITE 100 Bethesda, MD 20814-2905

43 MIN | 30.815 MILES

CURRENT TRAFFIC: MODERATE

-  Start out going south on Turf Valley Rd toward Pebble Beach Dr. 0.48 miles
-  Turn left onto Baltimore National Pike/US-40 E. 1.50 miles
-  Turn slight right onto Frederick Rd/MD-144. 0.26 miles
Frederick Rd is 0.4 miles past Coventry Court Dr
-  Take the 1st right onto Centennial Ln. 1.59 miles
Centennial Ln is 0.2 miles past MD-144
La Petite Academy is on the corner
If you reach Pierce Dr you've gone a little too far
-  Turn left onto Old Annapolis Rd. 1.59 miles
Old Annapolis Rd is 0.2 miles past Glastonbury Rd
If you are on Centennial Ln and reach Waterford Dr you've gone about 0.1 miles too far
-  Turn right onto Columbia Rd. 0.26 miles
Columbia Rd is 0.1 miles past Woodland Rd
If you reach Yarmouth Ct you've gone a little too far
-  Turn left onto Clarksville Pike/MD-108. 0.08 miles
Clarksville Pike is just past Country Ct
If you reach Private Dr you've gone about 0.2 miles too far
-  Merge onto US-29 S toward Columbia/Town Center. 18.52 miles



Merge onto I-495 W/Capital Beltway W toward Bethesda/Northern Virginia.

3.32 miles



Take the Connecticut Ave S/MD-185 S exit, EXIT 33, toward Chevy Chase.

0.48 miles



Turn left onto MD-185/Connecticut Ave.

0.43 miles



Turn right onto Jones Bridge Rd.

1.14 miles

Jones Bridge Rd is just past Parsons Rd

If you are on Connecticut Ave and reach Manor Rd you've gone about 0.2 miles too far



Turn left onto Wisconsin Ave/MD-355.

0.08 miles

Wisconsin Ave is 0.1 miles past Brandt Pl

If you are on Center Dr and reach Meldar Dr you've gone about 0.1 miles too far



Turn slight right onto Woodmont Ave.

0.99 miles



Turn right onto Elm St.

0.11 miles

Elm St is just past Hampden Ln

American Tap Room is on the corner

If you reach Bethesda Ave you've gone about 0.1 miles too far



4963 Elm St, SUITE 100, Bethesda, MD 20814-2905, 4963 ELM ST, SUITE 100 is on the right. 0.00 miles

Your destination is just past Bethesda Ln

If you reach Arlington Rd you've gone a little too far

